LIFT Community Action Agency

Programs

**Prenatal, Children & Youth**
LIFT CAA offers support to expectant mothers, current parents and caregivers, and their infants, toddlers, and children through education, nutrition, and more. In doing so, LIFT CAA aims to improve children’s safety and wellbeing. Learn more [here](#).

**Housing**
In an effort to help a wide variety of Oklahoma residents, LIFT CAA’s housing services range from supporting renters to helping those looking to build or buy a home. Learn more [here](#).

**Financial & Lending**
LIFT CAA aims to help its clients reach their financial goals. To that end, LIFT CAA offers financial resources and low-interest, affordable loans to families to support their residential and commercial needs. Learn more [here](#).

**Intermediary Program**
Through the USDA Rural Development Section 502 housing loan program, LIFT CAA provides training and technical assistance to eligible entities in Oklahoma and surrounding states. Learn more [here](#).

**Technical & Management Assistance**
LIFT CAA has had a contract with USDA Rural Development for Region II since 1980 and currently has 13 staff members trained in grant application, program planning, and operational management training. Learn more [here](#).

**Volunteer Services**
LIFT CAA offers volunteer opportunities for those looking to get involved in their communities, including volunteering in Head Start classrooms, participating in food drives and community clean-up projects, and more. Learn more [here](#).

**Additional Programs**
To serve its community and vulnerable populations, LIFT CAA also offers other services ranging from assisting individuals with purchasing health insurance, to preventing and reducing substance abuse. Learn more [here](#).